



Program Schedule January 2012

Real Help...Right Now...For Families that need it most!

PROGRAMS

Programs will be offered at the Westfort Family Resource Centre
1315 Crawford Avenue CONTACT 346-6863 for more information

**All programs are free of charge. Childcare and nutritious snacks are provided.
(Registration is required for ** Programs)**

MONDAY	Morning Munchies Drop-In 9:30—11:30 A.M.
TUESDAY	Community Kitchen** 1:00—3:00 P.M. Young Parents Program** <i>SUPPER PROGRAM</i> Workshops, Guest Speakers, Kitchens 4:15—6:15 P.M.
WEDNESDAY	Planning Team** 1:30—3:30 P.M.
THURSDAY	Community Outreach 9:00—12:00 NOON Drop In 1:00-3:00 P.M.
FRIDAY	Workshops ** 9:30-11:30 A.M.

OTHER PROGRAMS

Pre/Post Natal Support	Home Visiting Supervisor Terrie– 623-0292 Ext. 22
Home Visiting	Home Visiting Supervisor Terrie– 623-0292 Ext. 22
Volunteer Program	Volunteer Coordinator Lynn– 623-0292 ext 31
Westfort Family Resource Centre	Community Support Worker– Liisa– 346-6863
Roots of Empathy	Roots of Empathy Coordinator Nadine—623-0292 ext. 23
Young Parent Program	Young Parents Facilitator– Cori—623-0292 ext 25
Nutrition Coordinator	Nutrition Coordinator– Lauren 346-6863



For further information call 623-0292 or
visit our website at www.ourkidscount.ca



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